



# Heartwood CE VC Primary and Nursery School

White Cross Road, Swaffham, Norfolk, PE37 7RF  
Tel 01760 721357 | Fax 01760 720193

[office@heartwood.norfolk.sch.uk](mailto:office@heartwood.norfolk.sch.uk) | [www.heartwood.norfolk.sch.uk](http://www.heartwood.norfolk.sch.uk)

Headteacher Mrs Emily McMillen  
Deputy Headteacher Mrs Rebecca Starman



October 2023

## Life Skills at Heartwood

The government have stated that schools must share their RSHE (Life skills) curriculum with parents and carers in advance of teaching and that resources are available for parents and carers. This is important to teach your child/ren in partnership.

At Heartwood we are already open and transparent with the content of our Life Skills curriculum, which is shaped by the statutory requirements, pupil and staff members and parents and carers through the annual consultation. This is done through the following ways:

- Annual consultation with parents and carers
- Life Skills page on the website with resources and long-term planning materials
- Life skills content and vocabulary is shared at the beginning of every half term before it is taught to ensure that families are aware of what is being taught and how they can support their child
- Parents and carers are informed of any changes to the planned curriculum for that half term
- Year 6 will have a pre- sex education meeting with parents/carers sharing materials and content with the option to withdraw if requested by the parents/carers

The teaching and delivery of the curriculum is carefully and consistently monitored to ensure it is in line with the school policy and long-term planning. This is supported by:

- Headteacher and DSL leading the subject across the school
- Annual review of policy with the governing board
- Annual monitoring of Life skills from the governing board
- Teachers teaching the content of the curriculum and not covering staff
- Teaching staff receiving regular training and support with implementation
- Engagement with the Local Authority on changes and training for RSHE
- Visitors to enhance the curriculum are carefully selected and vetted, with a teacher present at all times
- The use and implementation of recommended and vetted resources from the PSHE association, Online Safety Association and NSPCC

In addition to the above we will support parents and carers in requesting to see resources used by teachers prior to teaching for any aspects that they would like to know more about. Please speak to the class teacher regarding this and they will happily share and support.

Thank you for your continued support

Emily McMillen  
Headteacher/ DSL/ Life Skills leader



**Learn to Love – Love to Learn!**  
'Live life in all its fullness.' John 10:10